What’s Happening?
- Lakeshore Steak Night
- Super Bowl Party!
- OP Kennel Club
- Michigan Deck Dinner Visit Paris
- Alabama Days!
- Lodge 305 & Chapter 455 Valentine Party
- River Bend Golfing
- Opportunity Lodge & Chapter Valentine’s Dance
- Vintage Players
- Lakeshore Lodge Dinner Dance
- District Sports & Meeting @ Kingsbay Lodge
- Mandarin Lodge Dinner Dance
- Cinderella Scholarship Pageant
- Mandarin Breakfast
- Bunko!
- BINGO! BINGO! BINGO!

For More Information
(904) 278-1210 or mmathews@moosehaven.org

Monday, March 3, 2014
Eagle Harbor Golf Club
Fleming Island, Florida
January means budget time for Moosehaven’s Leadership Team. All of our Directors are actively engaged in completing their individual budgets in preparation for submission to Moose International and ultimately to the Supreme Council for approval.

As we prepare our final budget for fiscal year 2014, we are challenged in service delivery and reimbursement programs that will impact our revenues and expenses. Here are a few examples of those challenges and how they will impact Moosehaven.

While the Affordable Care Act (ACA) has minimal direct, negative impact on Moosehaven operations, there are indirect consequences that we are already beginning to experience. Chief among them is found in the ACA’s enrollment statistics. Younger healthier individuals’ enrollment lags behind the elderly population and others more likely to use the benefits provided by the ACA. This creates a disparity between revenues and expenses that insurance plans must overcome to remain profitable. Insurers are already reacting by raising premiums, delaying and denying payments. Since Moosehaven pays the premiums for its Traditional residents and also for services not covered by insurance, we are experiencing increased costs that we expect to accelerate throughout FY 2014.

Florida Medicaid is converting to Medicaid Managed Care. This means that reimbursement will be approved and disbursed by selected Managed Care Organizations (MCO’s). Under this system, the MCO’s will receive a monthly allocation from Florida Medicaid based upon enrollment numbers and historical average usage data. Once a service is approved, the MCO will reimburse the provider. Since an MCO must pass through the payment without reduction for administration or margin, their income comes from denying or reducing approval for services rendered.

Medicare’s therapy caps arbitrarily limit the number of therapy sessions and services that can be provided to beneficiaries. Once the cap is reached, Medicare will not pay for any further services regardless whether the individual has reached maximum improvement. This program particularly affects the elderly because of their longer recovery periods. Since Moosehaven will not withhold treatment based upon terminated reimbursement, we lose reimbursement for services actually rendered and we then have to pay our therapy provider for those unreimbursed costs. In short, our income and expenses are both negatively impacted.

We face challenges in hospice services, pharmacy, nursing and others; all of which will negatively affect Moosehaven’s revenues and expenses during FY 2014 and forward. To address these challenges, Moosehaven will continue to operate in a fiscally conservative manner and actively search for new revenue streams, especially those not tied to reimbursement systems outside our control.

As always, the Loyal Order of Moose is the cornerstone of our success. Without the support of our fraternal brothers and sisters the current challenges might be insurmountable without dramatic changes in our operations. We must always remain thankful to the members of the Moose for their support.

As always,
Just John
“What would it mean to live like we were dying?”

If you got word today that you only had about 30 days to live, how would your life change? How would you spend your time? The things you deem “important” would they still be important? Are there people you would like to see or things you’d like to do, but have insisted it can wait? How would it impact your relationships? How would you prepare for eternity?

A friend of mine recently received the news, “get your affairs in order.” What would that mean to you? Not one of us has a guarantee of tomorrow and if you are honest, there are things you would change. So, why not now? Death, after all, comes to all. “And as it is appointed unto men once to die, but after this the judgment.” Heb. 9:27

Please read the song lyrics below to “Live Like You Are Dying” performed by Country Artist, Tim McGraw and think about them long and hard.

**Live Like You Were Dying**

I was in my early forties, with a lot of life before me, when a moment came that stopped me on a dime. I spent most of the next days, looking at the x-rays, talking bout the options and talking bout sweet time.

I asked him when it sank in, that this might really be the real end,
how’s it hit 'cha when you get that kind of news?
Man, what’d ya do? And he said..........(Chorus)

I went skydiving, I went rocky mountain climbing.
I went two point seven seconds on a bull named Fu Man Chu,
and I loved deeper, and I spoke sweeter, and I gave forgiveness I'd been denyin'
and he said, someday I hope you get the chance, to live like you were dyin.’
He said I was finally the husband, that most the time I wasn’t,
and I became a friend, a friend would like to have
And all of a sudden goin' fishin', wasn't such an imposition,
and I went three times that year I lost my dad.

Well I, I finally read the good book,
and I took a good long hard look at what I’d do if I could do it all again.
(Chorus)

Like tomorrow was a gift, and ya got eternity to think about what to do with it.
What did you do with it? What did I do with it?
What would I do with it?
And he said, “I loved deeper, and I spoke sweeter, and I watched an eagle as it was flyin,
and he said, someday I hope you get the chance to live like you were dyin.”

Notice, the things that changed - those things we should cherish, but tend to take for granted; our spouse, friends, spending sweet time with those we love, our conversations, the beauty that surrounds us each day and the goodness of God and the truth that we only live once, so we might as well make it last throughout eternity. What about forgiveness, is there forgiveness you’ve been denying? If so, you are allowing the person or circumstance to control your destiny, are they worth it?

"And when ye stand praying, forgive, if ye ought against any: that your Father also which is in heaven may forgive you your trespasses. "But if ye do not forgive, neither will your Father which is in heaven forgive your trespasses." Mark 11:25-26.

As we pray for those who receive this news, pray too that we will learn to live like we are dying, because after all, we are. Stop worrying about unimportant things they only cause us to let the important things go.

**Simply, Helen**
Senior Citizen’s Prayer

Lord, Thou knowest I am growing older.
Keep me from becoming talkative and
Possessed with the idea,
That I must express myself
On every subject.
Release me from the craving
To straighten everyone’s affairs.
Keep my mind free from the recital
Of endless detail.
Seal my lips when I am inclined to
tell of my aches and pains.
They are increasing with the years.
My desire to speak of them grows
Sweeter as time goes by.
Teach me the lesson that occasionally
I may be wrong.
Make me thoughtful, but not nosey;
Helpful, but not bossy,
With my vast store of wisdom and
Experience it seems a pity not to use it all…
But Thou knowest, Lord, That I want
To have a few friends in the end.
...Author Unknown

Whenever we pass Moosehaven on the weekend, my 5 year old granddaughter will squeal with delight, “There is where you work; there is Moosehaven!” She associates Moosehaven with fun, food and excitement. If I come to pick something up on the weekend and she is with me, she wants to know where the train is and what happened to all the candy.

She and my mother have had the pleasure of enjoying our Community Breakfasts, the Halloween Trick or Treat and the Easter Egg Hunts. She views all the older adults here like Grandmas and Grandpas who live at Moosehaven. She loves how friendly everyone is and feels like she is among friends. She tells my mother she can smell the pancakes from Wells Road and anticipates how good they will be when we arrive. My mother comments on how nice and roomy it is and how fortunate the residents are to live here. My granddaughter is already planning what her costume is going to be for next Halloween and she thinks she should be an Easter Bunny at the Easter Event instead of having an Easter dress.

When we talk about Heart of the Community events and how we impact the lives of those around us, it is obvious that Moosehaven has had an impact on my family. I have been thanked more times than I can count at both the Halloween and Easter event by parents who are thankful to have a safe, fun place to bring their entire family. This important Community Service that Moosehaven offers is well-received by the community and all those who pass through our gates where it’s just “Another Day in Paradise.”

Terri Reed, Director of Nursing
A Lasting Love...

The following resident couples have shared their lives for 50 years or more...

Phillip & Ethel Stack
Billy & Phyllis Engle
Jack & Barbara Shea
Charles & Bernice Zalesiak
John & Evelyn Diebold
Neal & Norma Hawkinson
Dan & Jacqueline Bramblett
Douglas & Clara Ruth
Wally & Ruth Bennett
Gene & Sue Moody
Bob & Rita Gabbert
Norm & Freda Vertigan
Doug & Elsie Frisk
Donald & Sandra Shepard
Herb & Edith Lewis

Congratulations!

Moosehaven, A 5-Star Facility!

The Centers for Medicare and Medicaid provides a public reporting site called Nursing Home Compare to give families an easy way to understand and assess nursing home quality. The ratings take the form of stars for each facility with one star being the lowest rating and five the highest. Each facility is rated based on its performance in three measures: Health inspections—which are based on outcomes from state/federal inspections from the past 36 months, Staffing levels—based on how many RN hours per day are available for each resident and total staff hours available for each resident each day, and Quality Measures—based on information gathered through a Minimum Data Set report in nine critical quality areas provided by each facility. The top 10% in each state receive a five star rating in health inspections. The rating is then adjusted up or down based on staffing and quality measures.

Moosehaven is a five star rated facility.

This is a result of the hard work and dedication of all the staff that perform the day-to-day resident care tasks at Moosehaven. The Certified Nursing Assistants, Nurses, Physicians, Director Of Nursing, Therapist, Activity staff, Dietary staff, Housekeeping staff, Maintenance staff, Inventory Management Services staff and all the others who give of themselves to provide top quality care for our residents. They give their best so that our residents receive the best.

Bill Tippins, Life Care Administrator
UP Close and Personal with Herb & Edith Lewis

Herbert Lewis was born to Glenn and Hazel Lewis on November 12, 1933 in Martinsville, Virginia. Edith Lewis was born to Frank and Harriet Watson on June 9, 1932 in Bayonne, New Jersey.

As a novice Naval Architect straight out of college, Herb was assigned to the Design Division of a large Naval Shipyard. Significant projects included development of a refueling/replenishment at sea device, still widely used, and issuance of structural drawings for major modifications on two of the largest aircraft carriers at that time. Upon leaving government service other significant projects included designing the owner’s quarters on a megayacht for the world’s richest man.

After that he was involved with scrapping two WWII fleet submarines and an aircraft carrier. Career progressions went from being Chief Engineer, to VP for two manufacturing companies, then President of his own corporation. When semi-retiring from all of that, he purchased a fish camp that became a family business. As a US Coast Guard licensed Captain for many years, conducting fishing and sightseeing charters, along with the love of boats, the water and fishing made this an enjoyable, rewarding experience. The fish camp was sold in 2000 which gave him time to travel, compose stories and, occasionally, do some engineering consulting for old friends.

Herb met his true love, who he refers to as his first wife (which is his only wife) at the shipyard. He was in the service and scheduled to go overseas, so they ran off and got married in Elizabeth City, North Carolina on a freezing day on the 29th of December. A mixture of sleet/snow made driving pretty rough. They were headed to a cabin in Kill Devil Hills on the outer banks of North Carolina and had to do some begging and pleading to get across the long bridge to leave the mainland. The road crew were about to shut it down because of the ice and they were the last car to go across.

Herb and Edie moved from Virginia to Florida in 1966 and first settled in Jacksonville, moved to Ponte Vedra Beach, then back to Jacksonville Beach and bought a fish camp, Lunker Lodge in Georgetown, Florida. They had two children. A son (deceased) and a daughter that still lives in Jacksonville. They have four grandchildren and three great-grandchildren, all girls.

Through the years, Herb and Edie have enjoyed life and have traveled extensively. Some of the places they have been to are Western Europe, Paris, Belgium, Netherlands, and Holland. They would go to Las Vegas every year. They joined the Loyal Order of the Moose in 1974. Edie was very involved with the Women of the Moose. She received her Academy of Friendship in 1981 and College of Regent Degree in 1986. She owned a book store in Jacksonville Beach called Edie’s Books. Herb enjoys fishing on the Moosehaven Dock, working in the wood shop and Bingo. In 2012 he caught a 31 ½ lb. Red Drum and won First Place in the Moosehaven Fishing Tourney. Last year he lost to Bill Lazuka. Look out next year Bill! Herb likes to watch the History and Discovery channel and loves prime rib and ice cream. He loves playing jokes on people. If you see him in the hallway, tell him you want to talk to the wizard. He called him up for me one time.

Herb and Edie recently celebrated their 57th wedding anniversary. Edie resides in Katherine Smith Hall. Herb usually sees her for lunch and dinner. He said she knows who he is most of the time but more importantly, he knows her. That is a perfect example of true love.

Paula Wrye, Medical Records

Herb & Edith Lewis

Admissions News

William & Gertrude (Trudy) Puda from Janesville, WI Lodge and Chapter will be arriving at Moosehaven on February 6, 2014. Trudy is the daughter of Blanche Bade. Please make them welcome.

We still have 3 single men and 1 couple waiting on a room and there will be a meeting of the Moosehaven Admissions Committee in early February to consider 3 single men, 2 single ladies and 2 couples for admission.

Ross Fleet
Semi-Retired
Director of Admissions

Moosehaven site where you can see information about all of our Upcoming Events. Copies of the monthly newsletter are also kept on the website under the Moosehaven News page!
questions are asked: 1. Whose mat are you carrying? 2. Who is carrying your mat? I have to admit I feel somewhat humbled trying to answer these questions for myself. We all find ourselves in times when we feel powerless, paralyzed in a way. We all know others who go through times when they need help. What are we able to actually do during these times? These can be very difficult questions to deal with, but I think they are fair questions for members of a fraternity and a community such as Moosehaven.

Whose mat are you carrying? Who is carrying your mat? I think a third question must be asked, “What shared beliefs make this possible?”

Capernaum is considered to be a main center from which the disciples of Jesus went out to spread his teachings and found his church. Imagine that people living in a small, sleepy fishing village could be the beginning of such large and powerful change. Using this as a backdrop, we are urged to imagine what would happen if our communities came together pooling their hearts, money, time and talents to provide loving homes for orphans or to care for the elderly. My mind drifts when we reach this part of the discussion. You all know that I start thinking of Moosehaven and Mooseheart. I think about how over 100 years ago someone imagined a fraternity that would do the very things discussed in the sermon. Imagine a million people giving of their hearts, money, time and talents to provide loving homes for children and the elderly; a million people maintaining a vision established over a century ago; a million people maintaining the mission of Moosehaven and Mooseheart. Again I am humbled when I think of the scope of this vision and at the same time proud to play a small part with its supporters.

I hope Dr. Seagle will not mind my appropriating his sermon for this article. I believe he will appreciate that his words have: 1. Caused me to examine how my actions match my beliefs. Am I able to carry someone’s mat? 2. Examine my dependence on others. Who will carry my mat? 3. Imagine being a part of an ongoing vision that brings such large and powerful change to so many lives. I think from time to time we all need to be reminded to imagine the possibilities in order to keep our vision alive. Occasionally we must be prodded to remember that great works can arise from anywhere. I know I do.

Bill Tippins, Life Care Administrator

February
Staff Birthdays!

Ralph Brooks
John Capes
Nadine Castillo
F. Ross Fleet
Christina Griffin
Ursula Honderick
Valerie Lafortune
Pamela Lundy
Judy O’Steen
Juan Pelayo
Gabrielle Saunders
Annie Williams
Brandon Place continues to grow, not just in resident population, but in size as well. Now under construction are the last four Parkview Villas on Astor Street which completes all duplex villa homes in Brandon Place. In the meantime, occupancy is growing with three homes recently occupied on Astor St. and another pending, as well as a Buckeye Hall apartment pending.

The Sales and Marketing Office has again relocated to 1988 Astor St which is conveniently located by the entrance gate on Astor Street. Prospects will easily see the Sales Office as they enter Astor St. and not have to drive around the circle in search of it.

Efforts are underway to begin marketing the long-awaited St. Johns Apartments on Astor St. It will contain twenty apartments: eight two bedroom/two bath and 12 one bedroom/one bath apartments with an elevator to help access the second floor. All apartments will offer a complete kitchen as well as a washer/dryer and cable television. The Sales and Marketing Office is waiting for an architectural 3-D rendering that will be available in a few weeks for viewing.

For more information, please contact the Sales and Marketing Office at 904 278-1281.

Sandy Simmons Duggan
Director of Marketing

Greetings from the Therapy Department! We have started the new year with a renewed commitment to incorporate fun in therapy and I hope all the participants had fun guessing how well they knew our therapists at our booth on January 14th. Look for more fun events like this coming up in the near future.

I also hope many of you have taken our recommendation to be proactive with your health and have started an exercise program as part of your weekly routine. Previously, I mentioned exercising being of value to improve urinary continence and I thought I would take this opportunity to explain a little more about that.

Many people believe that urinary incontinence is a normal part of aging, but that is simply not true. Involuntary loss of urine is more prevalent with older age, but it is NOT a normal part of aging. An older adult’s need for frequent urination and/or the urgency to urinate increases the risk of falls by as much as 26% and bone fracture by as much as 34%. Much of this IS preventable.

There are four common types of urinary incontinence. These are:

- Urge Incontinence (This is when you have to go and you have to go RIGHT NOW)
- Stress Incontinence (Occurs during a physical activity such as when you laugh or sneeze)
- Mixed Type (Is a combination of stress and urge incontinence)
- Overflow Incontinence (The bladder never empties and small amounts of urine leak continuously)

It is very normal to feel embarrassed if you are struggling with any of the above, but I want you to know the therapists are trained in non-invasive techniques such as teaching specific pelvic floor and abdominal muscle exercises that you can learn to do on your own. With consistent exercise and keeping a urinary voiding diary to track progress, you may be very surprised at how effective these techniques can be. Privacy and dignity are maintained regarding all evaluations and treatments.

You don’t have to let these issues impact your quality of life, and you may not need medication. Visit the therapy department and speak with a therapist today.

Jennifer Bothast, Therapy Director
It was reported that Moose Lee, IMS Department, went further than the distance when he spotted broken glass behind the Michigan Bldg. and took action to clean it up thus ensuring the safety of both residents and staff members.

It was reported that Walter Addison, Crothall, continually goes further than the distance by performing his job duties exceptionally well and taking on any other task he is asked to perform.

It was reported that the Moosehaven Dietary Department goes further than the distance and does an OUTSTANDING job at every single special event that we have.

It was reported that our Clinic staff go further than the distance in the excellent care and services they offer the Moosehaven residents.

It was reported that Polly Rhoden and Brenda Jewell, Activities, both go further than the distance in planning fun and enjoyable activities for the Moosehaven residents.

It was reported that John Capes goes further than the distance in supporting resident activities such as Golfing and the trip to The Holy Land Experience.

It was reported that the IMS staff go further than the distance in their prompt response to requisitions submitted.

It was reported that Ross Fleet, Director of Admissions, goes further than the distance in his excellent care of all of the palm trees on our campus.

Remember, if you have someone you’d like to turn in for going over and above, please contact Marina, Doreen or Helen.

Resident Birthdays In February!

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<tr>
<th>Margaret Baumann</th>
<th>Doris Johnson</th>
<th>Reginald Parkhouse</th>
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<tr>
<td>Ruth Bennett</td>
<td>William Lazuka</td>
<td>Robert Powell</td>
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<td>Mildred Bergfeld</td>
<td>Berval McAleer</td>
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<td>Rena Croft</td>
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<td>Marvin Davis</td>
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<td>F. Ross Fleet</td>
<td>Camille Morin</td>
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THREE, IF BY MOOSE

BY MIKE C. THOMPSON

HEY, DUDE. YOU, UH, GOT A LITTLE SOMETHING UNDER THERE.

UNDER WHERE?

SO JUVENILE.